

Packed and Ready?

This is my first time to Fukushima! I've heard great things about the food here! So excited!

There's so much Japanese culture to soak up! Oh, and I love onsen!

LET'S GO TO FUKUSHIMA!

In the north of Fukushima Prefecture, lies 5 cities and towns, each with a personality of their own. Great food, historic locations and onsen; enjoy the best that Japan's countryside has to offer.

Hello! /

About Northern Fukushima

Here we will showcase our top must-see sights and must-do activities from Fukushima City, Date City, Kunimi Town, Koori Town and Kawamata Town. Take a hike around some historic destinations, enjoy the local fruit and food, and relax in an onsen... You'll find a perfect two-day trip in our guide. We're certain if you experience what Fukushima has to offer, you'll be excited to come back and visit.

Travel Information >>>

[DURATION] 2 Days, 1 Night.

[BUDGET] Enough for a few snack stops and souvenirs

[CLOTHES] We recommend wearing clothes fit for walking and moving about.

Access to Fukushima

By Shinkansen



TOKYO Station <... 1h30m ...> FUKUSHIMA Station

By Car using Tohoku Highway



Kawaguchi JCT <... 3h30m ...> Fukushima Nishi IC

Please feel free to ask us about sightseeing!

Fukushima Station Tourist Information Center

Place West Exit of JR Fukushima Station

Phone 024-531-6428

Open 9:00-18:00
[close: 12/29-1/3]



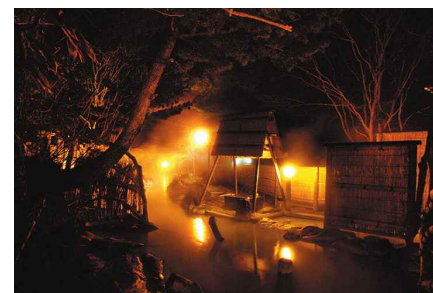
SIGHTS FROM NORTHERN FUKUSHIMA

-Don't miss these great attractions!-

From seasonal scenery to historical highlights, this area has so much to offer. Enjoy the beauty and fun, and be sure to grab a souvenir and local dishes to get the most out of your trip to Northern Fukushima!



| 1 | Hanamiyama



| 2 | Takayu Onsen



| 3 | The Masamune Datenicle Train



| 4 | Bandai-Azuma Skyline



| 5 | Kyu Kameoka-Ke Jutaku
(Former Kameoka Family Residence)



| 6 | Okuyama-Ke Jutaku Shukan & Yokan
(Okuyama Family Residence Main Wing & Western-Style Wing)



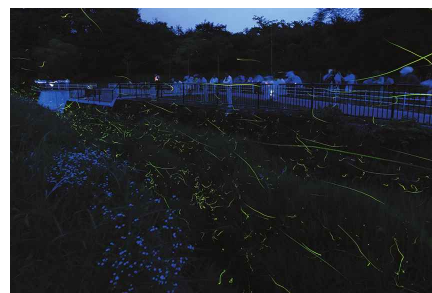
| 7 | Atsukashiyama Borui
(Mt. Atsukashi Defense Line)



| 8 | Yanagawa Kibo no Mori Park



| 9 | Yuno Fruit Sorting Facility Store



| 10 | Ubugasawa River Hotaru Natural Park



| 11 | Koori Togenkyo (Paradise)



| 12 | Akiyama Komazakura (Cherry tree)

[01] One of Fukushima's most popular flower viewing locations. In the spring, you'll find the ever popular sakura blossoms and plum trees, along with weeping forsythia in bloom, making the 180m tall hill an impressive sight. [Phone: 024-531-6428 (Fukushima City Tourism & Convention Association) Address: Watari, Fukushima-shi Open: All Day Closed: None] [02] Located on a plateau 750m above sea level, take in a view of Fukushima City at the scenic Takayu Onsen. Only 30 minutes away from the city itself, this onsen is a popular destination for Japan's local hot spring fans. [Phone: 024-591-1125 (Takayu Onsen Tourist Association) Address: 25 Takayu, Machinawasaka, Fukushima-shi] [03] This train is wrapped in artwork from Date City's local anime "Masamune Datenicle", which you can ride at regular train ticket prices! [Phone: 024-577-7132 (Abukuma Express)] [04] A sightseeing road covering the 29km between Takayu Onsen and Tsuchiyu Ridge. You can enjoy breathtaking views such as the huge walls of snow during the spring. [Phone: 024-531-6428 (Fukushima City Tourism & Convention Association) Address: Takayu Onsen, Fukushima-shi Closed: Mid November ~ Mid April] [05] Originally constructed in the Meiji era, this western style home was reconstructed in 1995 for tourist viewing. The interior is designed with traditional Japanese residential architecture. [Phone: 024-575-1615 (Date City Hobara Museum of History and Culture) Address: 265 Miyawaki, Ozumi, Hobaramachi, Date-shi Open: 09:00 ~ 17:00 Closed: Tuesdays Price: 210 yen] [06] A residential building first constructed in the Taisho era, using a Japanese style gabled roof for its main wing, and a separate wing using a hipped roofing from western styles. [Phone: 024-585-2967 (Kunimi Historical Urban Development Office) Address: 11 Fujita Kita, Kunimi-machi] [07] A defense facility spanning 4km built in 1189 by the Oushu clan's 4th leader Yasuhiro Fujiwara, to defend from the army led by Minamoto no Yoritomo. [Phone: 024-585-2967 (Kunimi Historical Urban Development Office) Address: Kunimiyamashita, Ishimoda, Kunimi-machi (and surrounding area) Open: All Day Closed: None] [08] A botanical park you can enjoy all year, such as sakura in the Spring, and lotus in the Summer. [Phone: 024-577-3175 (Date City Tourism and Commerce Office) Address: 1 Uchiyama, Yanagawamachi, Date-shi Open: Park Open All Year Closed: Facilities Closed Mid November ~ March (Park Open)] [09] Visited by many from outside Fukushima for its low prices and great, fresh produce, this fruit sorting facility houses a shop where you can buy fresh fruit for low prices. [Phone: 024-542-3312 (Fukushima Mirai Agricultural Cooperative) Address: Tanakamae, Yuno, Iizakamachi, Fukushima-shi Open: 10:00 ~ 15:00 (Changes with season) Closed: Not set (Please inquire)] [10] This park is famous as a natural habitat of fireflies. Visit during mid June to mid July to behold the awe-inspiring sight of fireflies dancing in the night. [Phone: 024-582-4500 (Ubuka No Sato) Address: Ubukasawa Manshoji, Koori-machi] [11] Peach blossoms line an area of the Abukuma river like a pink carpet. At 120 hectares, there are a total of 24,000 peach trees! [Phone: 024-582-2126 (Koori Town Division of Industrial Development) Address: Datezaki, Koori-machi Best Season: Mid April] [12] In the spring, this famous tree blooms with whitish-pink blossoms throughout its branches. [Phone: 024-566-2111 (Kawamata Town Division of Industrial Development) Address: Konagaishi, Akiyama, Kawamata-machi Best Season: Mid April]

DAY 1

Let's experience the Japanese countryside! Rejuvenation for the body and soul!

The northern Fukushima Prefecture area has a long history as a favorite tourist destination in Japan, with its abundant fruits and onsen, to a rich architectural background with preserved buildings and historical sites. How about the food, you ask? Northern Fukushima has some of the best food in Japan! With great access to fresh ingredients for traditional foods, and brand new local delicacies popping up, the gastronomic adventures you can find here are some of the best! The culture in Northern Fukushima is best summed up with the Japanese word "Wabi-Sabi", with its traditional countryside way of life. Experience a trip you can only find in Northern Fukushima!

START!



Get a taste of Northern Fukushima with its seasonal fruits!

Azuma Kajuen (Orchard)

An orchard dedicated to tourism located on the "Fruits Line" road famous for its various fruits produce. You can enjoy eating "all-you-can-pick" at this orchard with seasonal fruits; enjoy cherries in early to mid June; peaches in late July to August; pears from early September to mid October; grapes from mid September to mid October; apples from early October to late November. If you're lucky you can try their limited edition fruit flavored soft-serve ice cream!

Phone: 024-542-1460
Address: 1-13 Nishihara, Hirano, Iizakamachi, Fukushima-shi
Open: 08:00 ~ 17:00
Closed: December through May (Please inquire)
Price: Cherries 1,404 yen, Peaches/Grapes 864 yen, Pears/Apples 540 yen

Koori Onkura

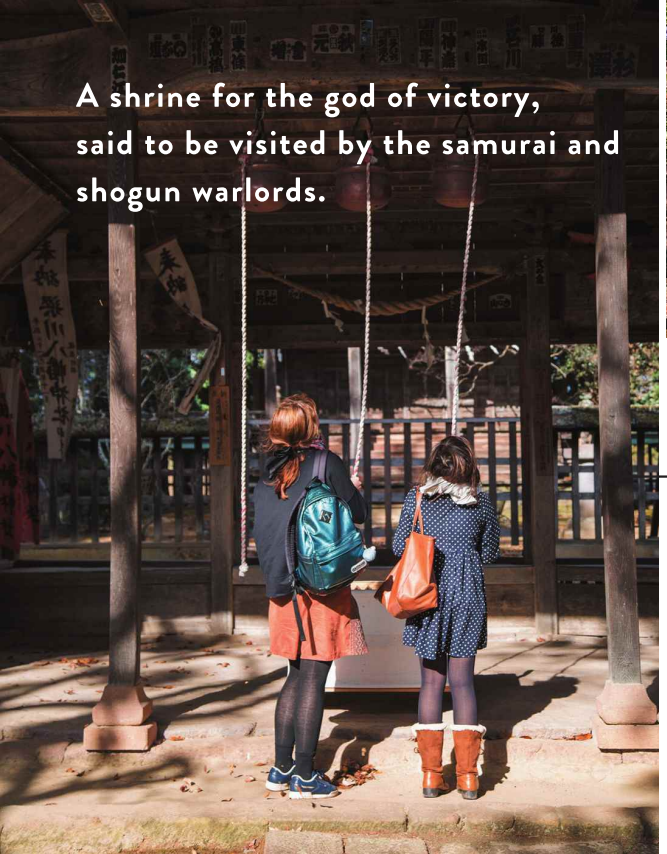
A tourist information space made from a restored Meiji-era warehouse. Restored using Japanese Keyaki (elm-like) trees, the ambience is perfect for a pit-stop to relax. The eatery serves a local dish called "Koori San Chi No Dango Jiru", a broth containing boiled balls of vegetable and flour. Dango Jiru meals available from 500 yen, require a reservation on everyday except Saturdays.

Phone: 024-582-6007
Address: 7-1 Kitamachi, Koori-machi
Open: 10:00 ~ 15:00
Closed: Mondays, Tuesdays and Wednesdays

No need to worry about language barriers to have a friendly chat with the cheerful local moms!



You can also buy vegetables and souvenirs from the local Koori area!



A shrine for the god of victory, said to be visited by the samurai and shogun warlords.



Yanagawa Hachiman Shrine

A shrine built in the year 984. It has a unique set of three bells. It is said that this spiritual location was visited by samurai and warlords to pray for victory. In recent years it is also a hot spot for praying for happy marriages, as it is said that shogun warlord Masamune Date met his wife here.

Phone: 024-577-0227 (Yanagawa Ten Jinsha Shrine)
Address: 11 Dōniwa, Yawata, Yanagawamachi, Date-shi
Open: All Day
Closed: None

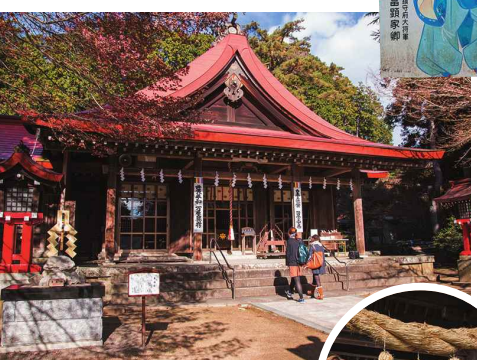


An awe-inspiring atmosphere to charge your spiritual senses!

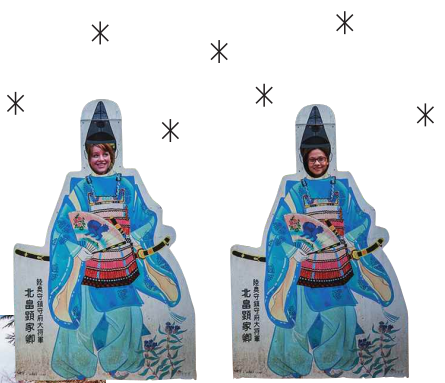
Ryozen Shrine

Visited by many from far and wide for good fortune, this shrine is seen as a power spot not only for its religious background, but also for its sprawling cedar forest. The maple trees brought here from Kyoto take on a bright red color in the fall, making this spot a popular location for autumnal leaf viewing.

Phone: 024-587-1326
Address: 1 Koyatate, Ōishi, Ryōzenmachi, Date-shi
Open: 08:00 ~ 17:30 (Winter: 08:00 ~ 16:00)
Closed: None



Fall leaves come into color around late October to early November



Day 1 Schedule

- ④ 10:00 Pick Fruit at Azuma Orchard
- ① 12:00 Lunch at Koori Onkura
- ① 13:30 Visit Yanagawa Hachiman Shrine
- ① 14:00 Feel the Energy at Ryozen Shrine!
- ① 15:30 Relax in the baths of Iizaka Onsen



Various baths and delicacies available at these onsen!



The communal bath "Sabakoyu"

Iizaka Onsen

An onsen location that even gets mentioned in Japanese legends. There are approximately 50 ryokan hotels, along with 9 communal baths and 3 foot baths for you to enjoy. There are also several places to eat, serving Enban Gyoza dumplings and Iizaka Ramen noodles, which makes the area a great spot to enjoy on foot!

Phone: 024-542-4241 (Iizaka Onsen Tourism Board)
Address: Iizaka-machi, Fukushima-shi



DAY
2

The full Japanese countryside experience!
From traditional textile making, to local delicacies.

Hello my friend!
Where am I now?



START!

Take some awesome photos
at this important Meiji-era site!

Kyu Date Gun Yakusho (Former Date District Office)

Built in 1879, this building served as the district office for the area until 1920, and has been preserved inside and out. You can find many of the architectural and interior trends from the time, making for some great photo opportunities! (Photographs are allowed throughout the premises.)

Phone: 024-582-5507
Address: 12 Jinya, Koori-machi
Open: 09:00 ~ 17:00
Closed: Mondays (If Monday falls on a public holiday: Tuesdays)



You've never had chicken like this before!
Kawamata Shamo chicken, served in a "don" rice bowl!

Ajidokoro Mirai

Kawamata Shamo is a local breed of chicken famous for its perfect texture and deep flavor. For 880 yen you can have the Kawamata Shamo Oyako Don, a rice bowl with chicken and egg, with flavoring to perfectly compliment the chicken. It's so good you'll be considering seconds! Shamo Ramen and Shamo Udon noodles also available! (800 yen)

Phone: 024-566-4203
Address: 9-1 Tsuruzawa Gakkōmae, Kawamata-machi
Open: 11:00 ~ 13:45 / 17:00 ~ 20:00
Closed: Tuesday Night

Amazing!



Kawamata Textile Exhibition Hall "Karariko Kan"

At Karariko Kan you can learn about the deep rooted history of Kawamata and its silk textiles industry. You can also make your own one-of-a-kind souvenir, with their coaster making or handkerchief dyeing try-it-yourself courses! (Reservation required, contact for pricing details.)

Phone: 024-565-4889
Address: 13-1 Tsuruzawa Higashi, Kawamata-machi
Open: 09:00 ~ 17:00
Closed: Mondays (If Monday falls on a public holiday: Tuesdays)
Price: Admission fee 150 yen



Try-it-yourself courses last approx. 30 minutes

Try your hand at Japanese artisan crafts.
A facility where you can see, touch and learn!



The sweet but spicy miso paste gives the mackerel a big boost in flavor!



KOKESHI!

Mmm...Yum!



Experience a new kind of burger
that fuses Japanese and
western flavors!

Kunimi Burger

In Japan, there are various "local burgers" where you can try a local dish in a burger bun. Here in Kunimi, the local food shop "Sakuma Shoten" makes miso-cooked Mackerel that you can eat whole, bones and all! This, combined with their special burger bun makes for a great treat. Sakuma Shoten sells them in food trucks from time to time, but they'll be available from the "Michi no Eki" local train stop that is set to open on May 3rd, 2017!

Phone: 024-585-2132 (Kunimi Urban Development Office)
Inquire for working hours and address



Day 2 Schedule

- ① 10:30 Visit the retro Former Date District Office
- ✓
- ① 11:30 Fill up on Shamo Chicken at Ajidokoro Mirai
- ✓
- ① 13:00 Try out fabric making at Karariko Kan
- ✓
- ① 14:30 Snack on a Kunimi Burger
- ✓
- ① 15:30 Relax at Tsuchiyu Onsen!



So relaxing, you won't want to leave!
An onsen location featuring
traditional Japanese "Kokeshi" dolls.

Tsuchiyu Onsen

Tsuchiyu Onsen is popular with Japanese onsen fans, featuring various types of water fountain sources. The central area has 4 foot baths for travellers to rest their feet. The area is also known as one of the origins of the famous Japanese "Kokeshi" dolls. You'll spot Kokeshis all around the town, and even try your hand at kokeshi painting!

Phone: 024-595-2217 (Tsuchiyu Onsen Tourism Board)
Address: Tsuchiyu Onsen-machi, Fukushima-shi

Have a great relax time!

I'll definitely be back!!

